# LEICESTER RIDERS BASKETBALL CLUB



# PHYSIOTHERAPIST/SPORTS THERAPIST

Leicester Riders Basketball Club is the oldest professional club in Britain and has been one of the most successful Basketball Programmes in the past 10 years at all levels of competition. Over the past 10 years, the club has enjoyed success including numerous BBL League, Cup, Trophy and Play-Off titles. Leicester Riders Basketball Programme has a long-established Academy programme that aims to prepare young talent for playing at the university and collegiate level and is one of the largest academy programmes in the UK.

## **Description**

Title: Lead Physiotherapist

Responsible to: Managing Director and Head of S&C/Sport Science

**Role:** Lead the delivery of physiotherapy services within Leicester Riders Basketball; including the Men's British Basketball League team (BBL), the Charnwood College England Development (EDP) Academy Programme (Ages 16-19), and the National Basketball League programme (NBL).

**Hours of work:** Part-time (approximately 10-20 hours/week) – Includes early starts, evenings, weekends, and bank holidays as required.

**Location:** Loughborough/Leicester and regular travel for support at competitive events.

Remittance: £10-£15,000 p.a. (dependent upon experience – accommodation can be discussed)

Application deadline: 31st May 2022

### **Key Tasks**

- Lead the provision of clinical, gym-based, and medical physiotherapy treatments for the Leicester Riders basketball programme.
- Maintain a comprehensive and accurate record of all treatments provided across the programme in accordance with departmental standards.
- Ability to perform clinical assessments and physical screenings to inform players and staff of training and injury status.
- Lead on the co-ordination of player injury prevention and management strategies
- Responsible for guiding decisions on player's appropriate medical care throughout in-season and off-season preparations and activities.
- Coordinate and/or lead on player's medical guidance and inform all appropriate stakeholders throughout each stage of the process.
- Provide immediate courtside assessment and treatment of injuries at both training and competitive events for all teams.

- Work within and around the guidelines set by Basketball England in conjunction with the EDP regulations and audit.
- Work within the interdisciplinary Sports Science and Medicine (SSM) team to support player development and education
- Work directly with the S&C staff to undertake performance testing and advise on rehabilitation and return to play protocols.
- Engage in directly supporting and managing the development of interns and volunteers within the SSM department.
- Provide regular updates on progress, key problems and status of all players and teams to the Head of S&C and Sport Science and the Managing Director.

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## **Person Specification**

#### **Essential**

- Physiotherapy/Sports Therapy degree from a SST/ BASraT accredited University, respectively or an equivalent higher degree (A).
- Membership of the Chartered Society of Physiotherapy or Society of Sports Therapists (MCSP/MSST) and registered with the Health and Care Professions Council (HCPC) (A).
- Experience in the provision of specialist musculoskeletal physiotherapy services to highlevel athletes and coaches to improve performance in team sport settings at the youth and senior level (A/I).
- Experience working within an interdisciplinary team, including technical coaches, S&C coaches, performance managers, analysts, and other stakeholders (A/I).
- Experience of delivering all relevant therapy modalities including taping, joint mobilisations, massage, rehabilitation. (I)
- Experience of working as a first responder in acute medical and trauma emergency management situations in sport/pitch-side first aid experience (A)
- Minimum of 2-years' experience providing physiotherapy support to sporting populations both in team and 1-to-1 settings (A/I)
- Ability to communicate effectively with people of various ages and backgrounds (I)
- Reliable and hard-working individual with the ability to be responsible for multiple tasks at a time and perform at a high level (A/I)
- An understanding of sports science and sports medicine disciplines and their roles in performance (A/I)
- Demonstrable commitment to CPD (I)

#### Desirable

- Postgraduate degree relevant to physiotherapy (A)
- Experience delivering warm-ups and cool downs for training and competitive events with youth and senior athletes (I)
- Previous experience playing/working within basketball (I)
- Evidence of leadership/managerial experience (e.g. leading and implementing clinical change, service development, and practice in the supervision and mentorship of others) (I)
- Previous experience working with national performance programmes and national governing bodies of sport (A/I)
- Knowledge and understanding of domestic basketball league infrastructure at senior level
- Full UK Driving license

#### In addition

- Disclosure of Barring Service (DBS) (A)
- First Aid Qualification including defibrillator (A)

Will be assessed via the application (A) and/or interview (I) process.

To apply please forward your CV and accompanying Covering Letter to:

#### Head of S&C/Sport Science:

Arran Parmar – arran@riders.basketball

#### Cc in the Lead S&C coach:

Jordan Godfrey - jordan@riders.basketball

#### Cc in the Managing Director:

Russell Levenston - russell@riders.basketball